

Ref. no. 1691/S.N.M.M.C

date:-09-10-24

From,

Principal,  
Shaheed Nirmal Mahto Medical College,  
Dhanbad.

To,

All HODs,  
Shaheed Nirmal Mahto Medical College,  
Dhanbad.

Sub:- Regarding Foundation Course Classes in Session 2024-25.

Sir,

This is to inform that the TIME TABLE of Foundation Course of Batch 2024-25 is being sent.

- \* Session of First Phase MBBS of Batch 2024-25 will start from 14-10-2024 as per instruction of National Medical Council (NMC)
- \* Orientation Session/Introductory Session will be organized for the Freshers on 14.10.2024 from 9:00AM onwards.
- \* From 14.10.2024 to 26.10.2024 the Session of Foundation Course will be from 9:00AM to 5:00PM.
- \* Regular classes for the batch will start from 28.10.2024 from 9:00AM to 5:00PM as per time table
- \* White Coat Ceremony will be Organized on 21.10.2024 from 10:00AM to 1:00PM.

All HODs are directed to designate resource faculties for conducting the assigned sessions.

All Resource faculties are directed to duly sign the Logbook of Foundation Course after completion of each topic.

Please treat as urgent.

Principal,

Shaheed Nirmal Mahto Medical College,  
Dhanbad.

Coordinator  
MSM  
09/10/2024

09/10/2024

**SHAHEED NIRMAL MAHTO MEDICAL COLLEGE, DHANBAD,  
TIME TABLE FOUNDATION COURSE MBBS (BATCH-2024-25).**

As per NMC Guidelines (in hours)	Orientation (15)	Skills(15)	Community Orientation and field visit (5)	Professional+ Ethics (20)	Language Computer (10)	Sports +Extracurricular (15)		
Day	09 -10 AM	10 -11 AM	11 - 12 AM	12 - 01 PM	01 - 02 PM	02 -03 PM	03 - 04 PM	04 - 05 PM
<b>FC1.5 Orientation day</b> (all faculty)								
MON 14.10.24					Lunch	FC1.5 Orient themselves to the college campus, facilities, faculty, administrative structure, support systems and processes of the institution. Visit to departments of SNMMC (Resource faculty)		Sports-
TUE 15.10.24	FC4.8 Understand the role of yoga and meditation in personal health (Physiology)	FC1.7 MBBS Curriculum and its structure and outcomes and its relation to the career pathways (Physiology)	FC1.1 Physicians role in the society and their impact. (Pathology)	FC1.4 Rules & Regulations of Institution (Prof. /J/C student Section)	Lunch	Sports+ Extracurricular activities		
WED 16.10.24	FC1.8 Role of Physician at various levels of health care delivery (Medicine)	FC 4.9 Significance and appropriate ways of Time management (Microbiology)	FC4.2 Demonstrate understanding that compassion, altruism, integrity, duty, responsibility and trust are the core values that defines the nature of the physicians work (HOD, Ortho)		Lunch	FC2.8 Discuss the Immunization requirements of health care professionals (PSM)		FC2.3 Follow bio-safety and universal precautions (Microbiology)
THUR 17.10.24	FC4.8 Understand the role of yoga and meditation in personal health (Biochemistry)	FC1 Anti Ragging Rule & Regulation (Anti Ragging Committee)	FC1.10 History of Medicine & Alternate Systems of Medicine (Medicine)	FC2.9 Demonstrate awareness of significance of documentation in patient care and the proper method of documentation (Medicine) *	Lunch	FC4.4 Discuss the significance of working in a health care team (Biochemistry)		FC2.7 Demonstrate biomedical waste segregation (BMW), observe and explain the process of management (Microbiology)
FRI 18.10.24	FC1.2 Role of Indian Medical Graduate and Relate it to Societal Impact (Biochemistry)	FC1.9 Principle of Family medicine (PSM)	FC1.6 Discuss the various career pathway & opportunities for personal growth (Paedia)	FC4.14 Demonstrates understanding of different methods of self-directed learning (Physiology)	Lunch	FC 4.13 Comprehend the learning pedagogy and its role in learning skills (Pharmacology)		FC5.1 Demonstrate ability to communicate with patient and families, be aware of barriers to communication and appropriate ways to respond (Medicine)

**SHAHEED NIRMAL MAHTO MEDICAL COLLEGE, DHANBAD,  
TIMETABLE FOUNDATION COURSE MBBS (BATCH-2024-25).**

Day	09 - 10 AM	10 - 11 AM	11 - 12 AM	12 - 01 PM	01 - 02 PM	02 - 03 PM	03 - 04 PM	04 - 05 PM
SAT 19.10.24	FC2.7 Demonstrate biomedical waste segregation (BMW), observe and explain the process of management (Microbiology)	CM FC3.3, 3.4 & 3.5 Community Orientation and field visit (PSM)			Lunch			Sports + Extracurricular activities
SUN 20.10.24	Holiday							
MON 21.10.24	<b>FC 4B. White Coat Ceremony</b>							
TUE 22.10.24	FC 4.5 Discuss disability competencies (Surgery+Ortho+Eye+ENT)	FC 3.1 Demonstrate understanding of the National Health Goals and Policies (PSM)	FC4.6 Demonstrate understanding and respect of cultural diversities and interact with those with different cultural values (Obs & Gynea)	Lunch	FC 4.3 Discuss the value, honesty and respect during interaction with peers, seniors, faculty, other health care workers and patients (Pathology)	FC5.2 Demonstrate use of local language in patient and peer interactions (Biochemistry)		
WED 23.10.24	FC 2.2 Perform first aid in a simulated environment (Surgery) (Mannequin from the GNM hostel)	FC 4.10 Demonstrate understanding of importance of interpersonal-relationship while working in a health care team (Pathology)	FC4.11 Understand the role of mentoring (Anatomy)	Lunch	FC 2.1 Perform basic life support in skills lab (Anaesthesia) (With mannequin)		FC1.3 Expectations of the students from the nation, society, Institution, peers, colleagues and patients and vice versa (Medicine)	

**SHAAHEED NIRMAL MAHTO MEDICAL COLLEGE, DHANBAD,  
TIMETABLE FOUNDATION COURSE MBBS (BATCH-2024-25),**

Day	09 - 10 AM	10 - 11 AM	11 - 12 AM	12 - 01 PM	01 - 02 PM	02 - 03 PM	03 - 04 PM	04 - 05 PM
THUR 24.10.24	FC 4.12 Demonstrates understanding of the process of group learning and group dynamics (Paediatrics)	FC 5.4 Demonstrate basic computer skills (Pharmacology)	FC 4.15 Understand collaborative learning (Physiology)	FC 4.1 Demonstrate understanding of the concept of professional and ethics among health care professionals and discuss the consequences of unprofessional and unethical behavior (HOD, Obs & Gynae)	Lunch	FC 2.4 Demonstrate handling and safe disposal of biohazardous materials in a simulated environment (Pathology)	Sports	Sports
FRI 25.10.24	FC 2.5 Demonstrate Proper Hand washing, & use of personal protective equipment (Surgery)	FC 5.5 Demonstrate ability for accessing online resource (Pharmacology)	FC 4.15 Understand collaborative learning (Physiology)	FC 2.7 Demonstrate biomedical waste segregation (BMW), observe and explain the process of management of BMW in accordance with National regulation (Microbiology)	Lunch		Sports	
SAT 26.10.24	FC 3.2 Discuss the national health scenario, demographic, socio-cultural and epidemiological issues (PSM)			FC 2.6 Demonstrate appropriate response to needle stick injuries (Obs & Gynae)	Lunch		Sports	
SUN 27.10.24	Holiday							

**FOUNDATION COURSE (2024-2025)**



**SHAHEED NIRMAL MAHTO MEDICAL COLLEGE, DHANBAD,  
TIMETABLE FOUNDATION COURSE MBBS (BATCH-2024-25).**

**Enhancement skills – Communication and language skills – 10 Hrs**

CODE	MODULE AND SUB TOPICS	DATE	HOURS	RESOURCE FACULTY WITH DEPARTMENT	TIME
FC 5.1	Demonstrate ability to communicate with patient and families, be aware of barriers to communication and appropriate ways to respond	18.10.24	02	MEDICINE	3.00 pm to 5.00 pm
FC 5.2	Demonstrate use of local language in patient and peer interactions	22.10.24	02	Dr.MahtoHemantRaghu, Dept. of Biochemistry	3.00 pm to 5.00 pm
FC 5.3	Demonstrate ability to communicate and learn in English	21.10.24	02	Dr. Kishore Kumar Das, Dept. of Pharmacology	3.00pm to 5.00 pm
FC 5.4	Demonstrate basic computer skills	24.10.24	02	Dr.KunalPriyadarshi, Dept. of Pharmacology	10.00am to 12.00pm
FC 5.5	Demonstrate ability for accessing online resources	26.10.24	02	Dr.Akash Chandra, Dept. of Pharmacology	10.00am to 12.00 pm

**SPORTS AND EXTRA-CURRICULAR ACTIVITIES**

**11Hrs**

**Resource faculty with Department –**

Dr.C.S.Summan, Dept of Pathology  
 Dr. Vineet Tigga, Deptt. of FMT  
 Dr. Yogesh, Dept.of Pathology  
 Dr. Rohit, Dept. of Physiology  
 Dr. Sanjeet Kumar , Dept. of FMT  
 Dr. Abhinav, Dept. of FMT

**FC 1.5 Resource Faculties for Module**

1. Dr. Sweksha Deptt. of Pathology
2. Dr. Nasreen, Deptt.of Pathology
3. Dr. UpasanaKhalkho, Deptt.of Pathology
4. Dr. Puja, Deptt. of Pathology
5. Dr. Shweta Minal, Deptt.of Physiology
6. Dr. Tanya, Deptt. PSM
7. Dr. Ruchi Shree, Deptt. of Biochemistry

**Note: 1. All Resource faculties are directed to sign the Log Book of Foundation Course after Completion of each assigned topic.  
 2. Any guidelines given by NMC regarding Foundation course module will be followed and informed accordingly.**

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**PROGRAMME SCHEDULE OF ORIENTATION DAY – 14.10.2024**

Introduction with Administrative Members and Heads of Departments

Welcome Address by Principal –Dr. (Prof.) K. K. Lal, Superintendent- Dr.(Prof.) S.K. Chaurasia ,  
Head of Teacher's Association- Dr. (Prof.) D. P. Bhushan.

Rules and Regulations of Institution- I/C, Student Section

Anti- Ragging Rules and Regulations Dr.(Prof) S.K. Verma

Rules and Regulations of Hostels -Warden Girl's and Warden Boy's Hostel

Subject introduction of 1<sup>st</sup> Phase- by HOD's in brief

Interactive Session with Parents and Students

Meeting with Parents and wards

ATTENDANCE SHEET OF STUDENTS

ATTENDANCE SHEET OF PARENTS WITH MINUTES OF MEETING AND PHOTOGRAPH

FEEDBACK FORM FOR PARENTS

FEEDBACK FORM